Infection protection measures

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To slow down the further spread of the Corona virus the state of Baden-Württemberg and the State Capital Stuttgart have taken various measures to prevent further infection.

Our summary points out precisely the provisions and prohibitions.

Measures and rules of conduct

The Corona virus is currently spreading in Germany. The state of Baden-Württemberg and the State Capital Stuttgart are also affected. To achieve the goal of slowing down the virus from being further spread and protecting the older generation and people with pre-existing conditions the City of Stuttgart recommends the following behaviour.

In general: The Corona virus is spread through direct contact with each other, in particular by droplet infection and shaking hands. It is therefore essential that you follow hygiene rules for regular hand washing and sneezing into the crook of your arm. Do not shake hands. Do not touch your face. Stay at a distance from other people, preferably two metres. This also applies for standing in line in the supermarket, DIY store, wherever. Avoid crowds – in parks, public space and sports fields or playgrounds.

In general, you should reduce social contacts to a minimum and stay at home. Avoid the risk of infection at all costs. Take the Corona virus seriously. Do not treat your health and that of your fellow human beings lightly. It is mandatory that you observe any and all prohibition rules. This is the only way to slow down the spread of the Corona virus and interrupt chains of infection.

What is allowed, what not?

The state government has issued a legislative ordinance with infection protection regulations. The legislative ordinance has been in force since 18 March 2020. All information in this regard is available on the following website of the state.

The State Capital Stuttgart has also issued general rulings and prohibitions on infection-protection measures. In the overview you will find information about the individual measures for specific areas.
What is allowed and open

- The **food retail sector** remains open, i.e. shops whose main purpose is the sale of food and beverages. This applies in particular to supermarkets and beverage stores, but also tea and coffee shops, candy stores, vegetable and fruit shops, wine and liquor stores, so-called corner shops, and all local supply grocery stores not subject to the current prohibition. These shops are allowed to serve customers during **normal opening hours**. What is new is that sales on Sundays are permitted. Bakeries and butcheries may also open during the previous opening hours.

- Only **restaurants** will remain open. However, opening hours and requirements how to operate the restaurants in accordance with the infection protection regulations have been tightened considerably. Restaurants must guarantee a **minimum distance of 1.5 metres between the tables**. This also applies to standing rooms. The restaurants may only be open from **6 a.m. to 6 p.m.** All other restaurants (e.g. ice-cream parlours) may not be operated.

- The **municipal recycling centres of AWS** will remain open for the time being. For infection protection reasons a **maximum of ten vehicles** may currently be **in the centres at the same time**. Unfortunately, the collections by the pollutant and recycling truck must be cancelled until at least 28.03.2020.

- **Funeral ceremonies and burials** are also possible in the current exceptional situation. Unfortunately, there are also restrictions here due to the general infection protection requirements. **The number of mourners is limited to ten persons.**

What is prohibited and closed

- **Visits to** the large **Stuttgart hospitals** are generally prohibited and exceptions only made for justified individual cases. This shall also apply to visits to old people’s and **nursing homes**. This measure will protect patients and old people better.

- **Daycare centres and schools** are closed. Exceptions for emergency care are only made in justified cases, if parents or legal guardians are working in the critical infrastructure sector:

- All 603 **playgrounds and footballs grounds, as well as the five forest playgrounds** in Stuttgart are closed. Warning signs at the grounds provide information on the ban to access.

- Due to infection protection all **city offices, district town halls, town hall and nearly all municipal bureaus** are not open to the public. Issues can be discussed by e-mail or telephone. Only visitors with a pre-arranged appointment are granted access.
• The city libraries, the planetarium, the music school and the city archive are closed.

• vhs stuttgart, museums, cinemas and pools are closed.

• The operation of clubs, bars and dance clubs is prohibited.

• Training and sports activities in clubs and fitness studios are prohibited. The operation of the facilities, even for individual training purposes, is also no longer possible. This also includes private yoga and Pilates studios.

• The operation of arcades, casinos and betting offices is prohibited.

• The meetings of the district councils have been cancelled until further notice. The municipal council and its committees will not meet before 2 April 2020.

• Prostitution of any kind is prohibited.

Further informations: https://www.integrationsbeauftragte.de/ib-de/amt-und-person/informationen-zum-coronavirus
Preventing infections:

The Top Ten tips for hygiene

We encounter many germs such as viruses and bacteria in everyday life. Simple hygiene precautions can help to protect ourselves and others from infectious or contagious diseases.

1. Wash your hands regularly
   - After you come home
   - Before and while you are preparing food
   - Before meals
   - After visiting the toilet
   - After blowing your nose, coughing or sneezing
   - Before and after contact with sick persons
   - After contact with animals

2. Wash your hands thoroughly
   - Hold your hands under running water
   - Apply soap from all sides
   - Rub hands for around 20 to 30 seconds
   - Rinse off under running water
   - Dry off using a clean towel

3. Keep your hands away from your face
   - Don’t touch your mouth, eyes or nose with unwashed hands

4. Cough or sneeze properly
   - Keep your distance and turn away from others when coughing and sneezing
   - Use a paper tissue or hold the crook of your arm in front of mouth and nose

5. If you are ill, stay away from others
   - Rest and recover at home
   - Avoid close contact with others while you are infectious
   - Stay in a separate room and, where possible, use a separate toilet
   - Do not share tableware or towels with other people

6. Protect wounds
   - Cover wounds with a plaster or bandage

7. Keep your home clean
   - Regularly clean your kitchen and bathroom in particular with household detergents
   - Ensure cleaning cloths can dry out properly after use and replace them often

8. Handle food hygienically
   - Always keep susceptible food well refrigerated at all times
   - Keep raw animal products away from food that is usually eaten raw
   - Cook meat at a minimum of 70 °C
   - Scrub fruit and vegetables thoroughly

9. Wash tableware and clothing using a hot cycle
   - Clean cutlery and kitchen utensils with hot water and a detergent — or in the dishwasher
   - Wash dishcloths, cleaning cloths, hand towels, flannels, bedclothes and underwear at a minimum of 60 °C

10. Ventilate rooms often
    - Ventilate enclosed spaces several times a day for a few minutes

Quelle: Bundeszentrale für gesundheitliche Aufklärung (BZgA) Stand 2016